



Pathology and Laboratory Medicine

LACTATE
DEHYDROGENASE
PLASMA

# Orderable - LD

Turn Around Time: 4 hours STAT: 1 hour

#### **Alternate Name(s):**

LDH LD



**Laboratory:** Core Lab

#### **Specimen:**



**Requisition:**GENERAL LABORATORY
REQUISITION

Adult	Pediatric
4.5 mL Green top	0-2 years: 0.5 mL Green top
Vacutainer tube	Microtainer
	2-10 years: 2 mL Green top tube



**Method of Analysis:** Enzymatic rate

#### **Collection Information:**

Collect blood aseptically in a Vacutainer tube.

The minimum volume required for pediatric samples is 0.2 mL.



**Test Schedule:** As required

#### **Reference Ranges:**

Children		
<u>Age</u>	<u>Range</u>	
0-20 days	<=600 U/L	
21 days-15 years:	<=300 U/L	

Adult		
Male (>=16 years):	<=225 U/L	
Female (>=16 years):	<=214 U/L	

#### **Interpretive Comments:**

Increases occur due to necrosis of liver, skeletal muscle, red blood cells, bone marrow and malignancies. Very non-specific.





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LACTATE DEHYDROGENASE PLASMA In healthy children, levels may be elevated up to 800 IU/L.

### **Comments:**

Hemolysis may cause falsely elevated results.

## **Storage and Shipment:**

Lactate Dehydrogenase is stable in whole blood (unspun tube) on ice for up to 1 hour from collection. Lactate Dehydrogenase is not stable if refrigerated.