

Health Review Form

Instructions for Volunteers

Welcome to London Health Sciences Centre! As part of your onboarding process, Occupational Health & Safety Services requires all volunteers to meet the minimal standards for communicable disease prevention and surveillance outlined by the Ontario Hospital Association (OHA) and London Health Sciences Centre (LHSC) Policies.

Please review these instructions thoroughly before submitting your form.

How to submit the health review form:

The form can be submitted by 3 methods:

1. **Email:** HealthReviews@lhsc.on.ca **in PDF format**
2. **Fax:** 519-685-8374 Victoria Hospital
Fax: 519-663-3476 University Hospital
3. **Dropbox:** Victoria Hospital Occupational Health & Safety Clinic E1-505
University Hospital Occupational Health & Safety Clinic B3-107

When to submit the health form:

New volunteers are required to submit their Health Review Form to Occupational Health & Safety Services (OHSS) prior to their start date. Proof of vaccinations, tests for immunity and TB skin test results are required. Volunteers can have outstanding requirements completed in OHSS. In order to facilitate this process, the following steps are required:

1. Review your current immunization records to determine what is outstanding. Records can be obtained from your primary care provider, public health unit, or education institution.
2. Complete the health review form with all of your existing immunizations.
3. Submit form to OHSS
4. OHSS nurse will review your form and contact you if there are outstanding requirements.

Volunteers who have questions about their health review requirements are encouraged to reach out to Occupational Health & Safety Services:

Victoria Hospital

- **Telephone:** 519-685-8500, Extension: 52286

University Hospital

- **Telephone:** 519-685-8500, Extension: 33201

Email: HealthReviews@lhsc.on.ca

Section A: Health History

Provide the following information in the Health History section:

Health conditions that may impact the employee while at work, such as allergies/sensitivities to latex, rubber, environmental allergies/irritants, medications and food; skin breakdown associated with personal protective equipment (PPE); chronic health conditions such as heart or lung disease, diabetes, seizure disorder; or musculoskeletal/MSK disorders.

Limitations, restrictions or disabilities that may require an accommodation such as a visual or hearing impairment, physical impairment, or a learning disability.

Section B: Immunization Record

All LHSC volunteers must provide proof of the following minimum requirements:

- **2 step Tuberculosis (TB) skin test**
- **2 Varicella vaccinations or proof of immunity**
- **2 MMR vaccinations or proof of immunity**
- **2 COVID 19 vaccinations or 1 XBB COVID-19 vaccine**
- A physician or nurse practitioner can sign Section B: Immunization Record as attestation that the requirements have been completed, with the exception of COVID 19 vaccinations which require proof.

2 step Tuberculosis (TB) skin test

- A baseline two-step TB skin test is required, unless the volunteer has had a previous positive skin test.
- If a two-step TB skin test was administered over 12 months ago, then proof of an additional one-step TB skin test (annual) administered in the last 12 months is needed as well.
- BCG vaccination is not a contraindication to a TB skin test, and does not preclude the requirement for TB skin testing.

An Interferon Gamma Release Assay (IGRA) or QuantiFERON-TB Gold is not a substitute for a TB skin test for occupational health surveillance purposes. These tests are used clinically to rule out false positive results.

Important information about TB Skin Test administration and reading requirements

- To be considered valid, a TB skin test must be read 48-72 hours after being planted indicating the level of induration, and be administered and read by a trained health care professional.
- A TB skin test can be administered on the same day as a live vaccine (measles, mumps, rubella, varicella, or herpes zoster), but otherwise cannot be administered until 4 weeks after
- A TB Skin Test is considered positive if the level of induration (firm swelling) is ≥ 10 mm, or > 5 mm if criteria listed in Section C: TB Questionnaire are applicable**

Positive TB skin Test Follow-Up:

- All new volunteers who have a positive TB skin test (current or in the past) require one Chest X-Ray completed after their positive TB skin test, and must complete Section C: TB Questionnaire. An OHSS Nurse Practitioner will review the questionnaire and will follow up with the volunteer.

Measles, Mumps, Rubella (MMR)

- 2 doses of the MMR vaccine are required on or after the 1st birthday and at least 4 weeks apart, or 2 doses of measles and mumps vaccine plus 1 dose of a rubella vaccine if provided separately, or copy of blood work demonstrating immunity.

Varicella (Chicken Pox)

- 2 doses of varicella vaccine are required given at least 4 weeks apart, or a copy of blood work demonstrating immunity. A self-reported history of chicken pox or shingles is not sufficient to demonstrate immunity.

COVID-19 Vaccine:

- 2 doses of COVID-19 vaccine, or 1 dose of COVID-19 XBB vaccine administered at least 14 days prior to start date.