

# London Health Sciences Center (LHSC) Volunteer Health Review Form - Frequently Asked Questions

## **1. Where do I send my completed Health Review Form, and what formats are accepted?**

Volunteers should submit their completed Health Review Form and proof of immunizations and testing to Occupational Health & Safety Services (OHSS) via [HealthReviews@lhsc.on.ca](mailto:HealthReviews@lhsc.on.ca) in **PDF Format** or in-person. **Images (pictures) of forms are not accepted.** Adobe has apps for smartphones that can create pdfs from images that greatly improve the quality of the document. More information is available at: [Adobe Mobile Scanner App](#) Alternatively, you can fax your documents to: 519-685-8374.

## **2. Do I need to complete the health review requirements prior to my start date?**

**Yes.** Volunteers must submit their **LHSC Health Review Form**, proof of required immunizations and immunity, and Tuberculosis (TB) Screening **prior** to their start date. Therefore, it is advised to start the health review process as soon as possible in order to complete any outstanding requirements.

## **3. What happens if I am missing immunizations, proof of immunity or TB skin tests, or do not submit a Health Review Form prior to my start date?**

You will not be cleared to start volunteering at LHSC until all of the requirements outlined on the Health Review Form are completed, and proof of these is submitted. Your start date may be delayed to provide time to complete your outstanding requirements.

## **4. How will I know if I am missing requirements on my Health Review Form?**

An Occupational Health Nurse will review your Health Review Form and contact you if there are any outstanding requirements. Once you have submitted all of the required documentation, you and Volunteer Services will receive an email from Occupational Health & Safety Services (OHSS) indicating you are cleared.

## **5. Where can I obtain documentation of my previous immunizations, proof of immunity and TB skin test results?**

Immunization records, proof of immunity and results of TB skin tests are available from your primary care provider (physician or nurse practitioner), local public health agencies, universities and college health services, immigration records, and occupational health services at a previous employer.

## **6. Where can I have immunizations, serology testing for proof of immunity, or a TB skin test done before my start date?**

Your primary care provider (physician or nurse practitioner) community clinics, public health agencies, student health or occupational health services are all potential options where immunizations, serology and TB skin tests may be accessed. If you are wanting our assistance completing your requirements, please inform us as soon as possible.

### **7. Has the requirement for COVID-19 vaccinations changed now that “vaccine passport” requirements are lifted for public places?**

No. Similar to other vaccinations for communicable disease, requirements for hospital workers are different than for the general public. LHSC will continue to require COVID 19 vaccinations as a condition of employment for the foreseeable future. The current requirement is 2 doses of any COVID-19 vaccine or 1 dose of COVID-19 XBB vaccine given at least 14 days before starting.

### **8. Does COVID 19 vaccination interfere with other vaccinations?**

No. The National Advisory Committee on Immunizations (NACI) in Canada has lifted all conditions regarding the timing of COVID 19 vaccinations in relation to other vaccines. COVID 19 vaccination can be co-administered with all other required immunizations.

### **9. What is a TB skin test and why do I need one?**

A TB (Tuberculosis) Skin Test, also known as a Mantoux Skin Test, involves injecting a small amount of tuberculin substance intradermally (between the first layers of skin) in the forearm. The test is read 48-72 hours after injection to determine the result. A positive TB skin test is a response that involves a level of induration (firm swelling) greater than 10 mm \*. The amount of redness resulting from the test is not measured as part of the result. Everyone at LHSC requires baseline TB testing to be used in the event there is an exposure to TB.

**\* A reading of 5mm of induration or greater is considered positive if the following criteria are met:**

- HIV infection
- Contact with infectious TB in the past 2 years
- Fibronodular disease on chest x-ray
- Organ transplant
- TNF alpha inhibitors
- Treatment with immunosuppressive drugs (equivalent to 15 mg/day of Prednisone for 1 month or more)

### **10. What’s involved in a 2 step TB Skin Test?**

Two-Step TB Skin Test is a series of 2 separate TB skin tests administered at least 1 week, and no more than 1 year apart. Both TB skin test need to be read 48-72 hours after being administered by a qualified professional and documented to reflect the level of induration (firm swelling). **In total, 4 visits to a health care provider are required to complete the two-step TB skin test.** The minimum interval that a 2 step TB skin test can be completed is 9 days. All staff and volunteers, regardless of their role at LHSC, are required to have a 2 step TB skin test.

### **11. Do I need an annual (1 step) TB skin test if I have already had a 2 step?**

Maybe. If the two-step has been completed more than 1 year ago, then an annual (1-step) is also required.

### **12. I had a chest X-ray and it was normal. Do I still need a TB skin Test?**

Yes. In hospitals, TB skin tests are used for surveillance purpose and to identify cases of Latent TB Infection (LTBI), whereas chest X-rays are used to rule out active or previous TB infection. LTBI can be activated by many factors, or could stay silent (latent) life-long and therefore would not appear on an X-ray. TB skin tests are the cornerstone of hospital TB surveillance. Without knowing the baseline TB skin test status of each person, it is not possible to know if, following an exposure, the person was exposed at LHSC. The Ontario Hospital Association (OHA) does not accept chest X-rays as an alternative to a TB skin test.

**13. I had BCG vaccination as a child. Should I still get a TB skin test done?**

Yes. BCG vaccination is not a contraindication to the TB skin Test. BCG vaccination given before the age of 2 is an unlikely explanation for a positive TB skin test in adulthood, since immunity from BCG vaccination wains after about 10 years. Therefore, a TB skin test is still needed to screen for latent or active Tuberculosis infection.

**14. My TB Skin test is positive and I am told I need to have a chest X-ray. I had a chest X-ray done for immigration purposes a few years ago. Do I need another one?**

The chest x-ray must be completed **after** the TB skin test was read. Therefore, if your positive TB skin test was completed after the immigration chest x-ray, then another chest X-ray is required.

**15. I had a positive TB skin test in the past. Do I need another one?**

No. Once you have had one positive TB skin test, you should avoid having another one in the future. There are two reasons for this: to prevent having a severe blistering reaction; and once positive, always positive, therefore there is no value in completing another one. You are required to submit proof of your previously positive TB skin test.

**16. My TB skin test is positive. Is there anything else I need to do?**

Yes. All LHSC staff and volunteers who have a history of a positive TB skin test must complete **Section C: Tuberculosis Questionnaire** of the Health Review Form. A nurse practitioner will review the TB Questionnaire and your chest X-ray and determine if any other steps need to be taken to clear you for volunteering related to TB. Once this step is completed, a nurse practitioner will schedule a health teaching appointment with you to review.

**17. I had chicken pox as a child. Do I still need to have 2 vaccinations for varicella?**

Volunteers who have a history of chicken pox may be immune to varicella. However, a serology test is required to demonstrate immunity. If not immune, two varicella vaccinations given 4 weeks apart are required.

**18. My serology tests show that I am immune to measles and mumps but not Rubella. How do I receive vaccination for Rubella?**

Typically, Measles, Mumps & Rubella are given together as MMR. If you are immune to one or two components of MMR, receiving another MMR is safe and often provided since it is difficult to obtain measles, mumps and rubella as individual vaccines.

**19. I have a latex allergy. What steps do I need to take to make sure I am safe at work?**

The first step is to add this information to your health review form in **Section A: Health History**. An Occupational Health Nurse will follow up with you to gather more information about your allergy, and to explain the accountabilities of LHSC, your leader and you as the volunteer in relation to avoiding latex in the workplace.

**20. This is all very confusing. Is there someone I can talk to for assistance with my Health Review Form?**

Of course! You can speak with an Occupational Health Nurse Monday to Friday 8AM-4PM by contacting one of the OHSS offices:

**Victoria Hospital**

- Telephone: 519-685-8500 Extension. 52286

**University Hospital**

- Telephone: 519-685-8500 Extension. 33201