DECISION TREE FOR LEAST RESTRAINT IN CCTC

Assess Patient Behaviour

Is Pain Controlled?

Is Anxiety Controlled?

YES

NO

NO

Provide Analgesia

Provide Anxiolytics

Assess and Treat Other Causes of Agitation
Sleep deprivation
Hypoxemia or Hypercapnia
Malfunction of devices (catheter, epidural, vent)
Electrolyte imbalance
Acute Withdrawal
Ready to Extubate
Drug Interaction/reaction
Constipated or wants to have BM

Remains Restless

Remains Restless

Is Behaviour Management Achieved?

YES

NO

Continue to Monitor Behaviour

Are alternate measures appropriate?

YES

NO

Implement Alternative Measures
Diversion/redirection/reorientation
Decrease sensory stimuli
Allow rest/sleep
Cover IV sites
Hearing aids/glasses
Family member to sit with patient

Implement Restraints as per Policy

Apply appropriate restraints
Obtain verbal consent from family
Monitor, document and re-evaluate
Continue to explore alternatives

Are Alternatives Effective?

NO

Is the acute situation resolved?

YES

YES

NO

Continue alternate measures

Remove restraint
Assess/monitor
Preventative strategies

Continue appropriate restraint
Monitor, document, re-evaluate
Continue to explore alternatives