

How is it hypoactive delirium different from depression?

Depression:

DSM IV (must have > 5 of the following):

- Depressed mood
- Decreased interest or pleasure in almost all activities
- >5% body weight change, increase/decrease in appetite
- Insomnia or hypersomnia.
- Psychomotor agitation or retardation.
- Fatigue or loss of energy.
- Feelings of worthlessness or inappropriate guilt.
- Diminished concentration or indecisiveness.
- Recurrent thoughts of death or suicide

*consider psychiatry consult if uncertain diagnosis

Hypoactive delirium vs depression?

Two question screen for depression (if able):

Over the past month have you been bothered by:

1. Little interest or pleasure in doing things?
2. Feeling down, depressed or hopeless?

Hypoactive delirium (vs depression) is associated with fluctuating level of consciousness and inattention

