

**Typical Activity Profile for LEFS Total Scores**

| LEFS Score | Quite a bit of difficulty                   | Moderate difficulty                 | A little bit of difficulty                  | No difficulty   |
|------------|---|-------------------------------------|---|---|
| 80         |   |                                     |   | Run uneven<br>Sharp turns<br>Run even                   |
| 75         |   |                                     |   |   |
| 70         |   |                                     | Run uneven<br>Sharp turns                   | Heavy activities<br>Walk 1 mile                         |
| 65         |   |                                     |   | Stairs  |
| 60         |   |                                     | Run even<br>Walk 1 mile<br>Heavy activities | Walk to 2 blocks<br>Light activities<br>Get in/out bath |
| 55         |   | Run even                            | Stairs                                      |   |
| 50         |   |                                     |   |   |
| 45         |   | Walk 1 mile<br>Heavy activities     | Walk 2 blocks                               |   |
| 40         |   |                                     | Light activities<br>Get in/out bath         |   |
| 35         |   | Stairs<br>Walk 2 blocks             |   |   |
| 30         | Heavy activities<br>Stairs<br>Walk 2 blocks | Get in/out bath<br>Light activities | Walk rooms                                  |   |
| 25         |   |                                     |   |   |
| 20         | Get in/out bath<br>Light activities         | Walk rooms                          |   |   |
| 15         | Walk rooms                                  |                                     |   |   |
| 10         |   |                                     |   |   |
| 5          |   |                                     |   |   |
| 0          |   |                                     |   |   |

Stratford PW. Hart DL. Binkley JM. Kennedy DM. Alcock GK. Hanna SE. Interpreting lower extremity functional status scores. Phys Can, 2005 Spring; 57(2): 154-62.