

You know how you are feeling. We know how to help.

Completing the symptom screen helps you and your health care team to identify symptoms that may be of concern.

Your results are kept confidential and stored in your electronic medical record. Your health care team will review your scores before they meet with you. During your appointment, they will ask about the symptoms you have flagged as a concern to you. Ask about any symptoms of concern that are not part of the symptom screen.

We want to help manage your symptoms to help you feel better. There may be changes we can make to your care plan or other health care team members who can help (e.g., social workers, dietitians).



Completing the symptom screen:

1. Complete at every clinic and patient review appointment after registering – it takes less than five minutes
2. Use a touch screen kiosk located in the clinic and patient review waiting areas
3. Log in with your Ontario Health Card
4. Touch the kiosk screen to enter your answers
5. Rate your symptoms based on how you are feeling at that time
6. A score of zero means no symptom and ten means worst possible symptom

Ask a volunteer for help if needed.

Key terms:

- Tiredness** = lack of energy or low energy level
Drowsiness = feeling sleepy
Depression = feeling sad
Anxiety = feeling nervous or restless
Well-being = how you feel overall