

PEPP CONNECTIONS – MARCH 2017

PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS Contact: Josie, Recreation Therapist 519-6858500 X74746

Monday	Tuesday	Wednesday	Thursday	Friday
		1 2:30 – 4:00 HEALTHY LIVING GROUP – YMCA 2:00@PEPP 2:30@YMCA	2 10:30 -11:30 Welcome to PEPP! 2:30-4:00 ROCK TALK (534 Queens Ave CMHA) Musical Guest Everyone welcome	3 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff Outpatients Only 1:00-2:00 Substance Use Group *Support Networks
6 1:00-3:00 REC GROUP GAMES DAY 3:30-4:30 Hearing Voices Group	7 RAP – 1:00 – 2:30  2:30-4:00 In House Librarian 2:30-3:30 Peer Group with Jesse	8 2:30 – 4:00 HEALTHY LIVING GROUP – YMCA 2:00@PEPP 2:30@YMCA 1:00-3:00 Women’s Group	9 10:30 – 11:30 Welcome to PEPP! 2:30-4:00 ROCK TALK BEGINS (534 Queens Ave CMHA) 6:00-8:00 PM JAM Night with Marc	10 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff Outpatients Only 1:00-2:00 Substance Use Group *Wellness
13 1:00-3:00 REC GROUP MOVIE @ PEPP 3:30-4:30 Hearing Voices Group	14 RAP – 1:00 –2:30  	15 CANCELED HEALTHY LIVING GROUP – YMCA 7:00-9:00 p.m. Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.	16 10:30 – 11:30 Welcome to PEPP! 2:30-4:00 ROCK TALK (534 Queens Ave CMHA)	17 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff Outpatients Only 1:00-2:00 Substance Use Group *Media
20 1:00-3:00 REC GROUP Floor Hockey @ Parkwood Institute gym 3:30-4:30 Hearing Voices Group	21 RAP–1:00 –2:30  2:30-3:30 Peer Group with Jesse	22 2:30- 4:00 HEALTHY LIVING GROUP YMCA 2:00@PEPP 2:30@YMCA	23 10:30 – 11:30 Welcome to PEPP! 2:30-4:00 ROCK TALK (534 Queens Ave CMHA) 6:00-8:00 PM JAM Night with Marc	24 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff Outpatients Only 1:00-2:00 Substance Use Group * Education on Substances
27 1:00-3:00 RECGROUP Floor Hockey @ Parkwood Institute gym 3:30-4:30 Hearing Voices Group	28 RAP – 1:00 –2:30  	29 2:30- 4:00 HEALTHY LIVING GROUP YMCA 2:00@PEPP 2:30@YMCA 1:00-2:30 Art Group with Melissa 	30 2:30- 4:00 HEALTHY LIVING GROUP YMCA 2:00@PEPP 2:30@YMCA 2:30-4:00 ROCK TALK (534 Queens Ave CMHA)	31 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff Outpatients Only 1:00-2:00 Substance Use Group *Why People Use