

Stop life-threatening germs!

Keep your loved one safe.
Keep yourself safe.



Please follow these guidelines to help prevent the spread of germs:

- Do not visit if you have a fever, cough, diarrhea or are feeling unwell.
- Make sure you clean your hands before and after you touch your loved one.
- Do not sit on hospital beds.
- Do not put your feet on beds.
- Do not use patient washrooms.
- Do not touch supplies on supply carts. Avoid contaminating supplies by asking staff for the item you need.
- Try to limit your visit to one patient. Clean hands between patients.

Please help us prevent the spread of germs!

For more information please see our Infection Prevention information on our Patient and Visitors website
www.lhsc.ca



Infection Prevention Guidelines for Visitors



Prevent the spread of life-threatening germs!

Visitors are very important to our patients and their well being. You have a critical role in preventing infections. We ask you to follow these guidelines to reduce the spread of germs!

Please wash your hands:

- Before entering a patient room
- When leaving a patient room
- At the end of your visit
- Alcohol-based hand rubs are found throughout the hospital and outside patient rooms
- Cover all surfaces of your hands and rub for 15 seconds.
- If your hands look dirty, wash with soap and water. Use a paper towel to turn off the taps and to open the door.

Did you know?

Proper hand cleaning is the best way to reduce infections and the spread of germs.

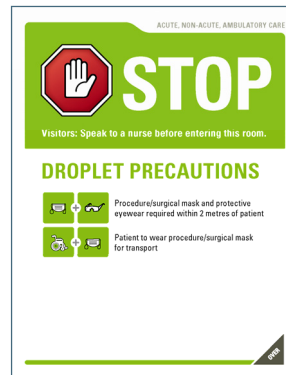
Alcohol based hand rubs are the preferred way for cleaning hands if they are not visibly soiled.

DO NOT ENTER

Hospital-acquired infections are the fourth leading cause of death for Canadians behind cancer, heart disease and stroke.



Please stop at the nursing station for instructions before you enter the patient room if you see one of these signs on the door.



Isolation Rooms

Sometimes patients require extra infection control precautions and have a sign posted at the entrance to their rooms.

If you see a sign, please stop at the nurses' station for instructions before you enter the room.

You may need to wear gloves, gowns, masks or protective eyewear.

Staff will help you put them on and take them off safely.

We do this so that you do not accidentally contaminate yourself or others.

This will protect you and the patient from spreading infection.

If you have any questions or concerns, please speak with your loved one's nurse.