












PEPP CONNECTIONS - DECEMBER 2018

Contact: Josie , Recreation Therapist 519-6858500 X74746

**PLEASE READ ATTACHED PROGRAM DESCRIPTION

Monday	Tuesday	Wednesday	Thursday	Friday
3 1:00-3:00 REC GROUP Coffee House Music and Poetry 	4  RAP 1:00 – 2:30	5 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	6 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 Jam Night with Marc 	7 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u>
10 1:00-3:00 REC GROUP MOVIE Day @ PEPP 6:00-9:00 P.M. Skating, hot chocolate & lights @ Victoria Park	11  RAP 1:00 – 2:30	12 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> **2:30–6:00 PM Women’s Group Movies @ Landmark Theatre 983 Wellington Rd	13 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	14 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u>
17 1:00-3:00 REC GROUP Games day and Christmas cookie decorating at PEPP 	18  RAP 1:00 – 2:30 HOLIDAY CELEBRATION 	19 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	20 10:30-11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 Jam Night with Marc 	21 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u>
24 NO GROUPS TODAY!!	25 CLINIC CLOSED 	26 CLINIC CLOSED 	27 10:30-11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	28 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u> 
31 NO GROUPS TODAY!				

