












# PEPP CONNECTIONS -JANUARY 2019

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## \*\*PLEASE READ ATTACHED PROGRAM DESCRIPTION

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>CLINIC CLOSED!</b>	<b>2</b> <b>NO GROUPS TODAY!!</b>	<b>3</b> 10:30 – 11:30 “Start Me Up Group”  6:00-8:00 Jam Night with Marc	<b>4</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u> 
<b>7</b> 1:00-3:00 REC GROUP  <b>MOVIE Day @ PEPP</b> 	<b>8</b> RAP Group 1:00 – 2:30 	<b>9</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>  1:00-3:00 PM Women’s Group “ZUMBA Class”	<b>10</b> 10:30 – 11:30 “Start Me Up Group”  2:00-4:00 ROCK TALK Begins 534 QUEENS AVE.-@ CMHA	<b>11</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u>
<b>14</b> 1:00-3:00 REC GROUP  Winter Hike and Hot chocolate! 	<b>15</b> RAP Group1:00 – 2:30 	<b>16</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	<b>17</b> 10:30-11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA  6:00-8:00 Jam Night with Marc	<b>18</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u> 
<b>21</b> 1:00-3:00 REC GROUP  Arts and craft day! 	<b>22</b> RAP Group1:00 – 2:30 	<b>23</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	<b>24</b> 10:30-11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	<b>25</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Jeff <u>Outpatients Only</u> 
<b>28</b> 1:00-3:00 REC GROUP 	<b>29</b> RAP Group 1:00 – 2:30 	<b>30</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	<b>31</b> 10:30 – 11:30 “Start Me Up Group” <b>***NO ROCK TALK TODAY!!!***</b>  6:00-8:00 Jam Night with Marc	