

# STOP THE BLEED<sup>SM</sup>



## SAVE A LIFE



London Health Sciences Centre

Trauma Program

**WHAT:** STOP THE BLEED is an American College of Surgeons initiative to train bystanders on the basics of controlling life-threatening bleeding.

**HOW:** Free, concise 1-3 hour training sessions to provide knowledge and experience in two critical techniques: **tourniquet use and wound-packing.**

**WHY:** Extensive **hemorrhage kills within minutes** and first responders such as **EMS are not always on-scene in time.**

### **WHEN & WHERE:**

Regular training at **LHSC** as needed, or **on-site locations** for businesses when booked in advance.

### **CONTACT**

519.667.6795

[trauma@lhsc.on.ca](mailto:trauma@lhsc.on.ca)



100+years

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