

PEPP CONNECTIONS – MARCH 2019

PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS Contact: Josie, Recreation Therapist 519-6858500 X74746

Monday	Tuesday	Wednesday	Thursday	Friday
				1 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke 
4 1:00-3:00 REC GROUP Movie @ PEPP  “A star is born”	5 RAP – 1:00 – 2:30 	6 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	7 10:30 – 11:30 “Start Me Up Group”	8 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
11 1:00-3:00 REC GROUP Games Day @PEPP 	12 RAP – 1:00 –2:30 	13 NO YMCA groups today! 1:00-3:00 Women’s Group	14 10:30 – 11:30 “Start Me Up Group” 6:00-8:00 PM JAM Night with Marc	15 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
18 1:00-3:00 Community Hike 	19 RAP–1:00 –2:30 March birthdays 	20 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> 1:00-2:30 Art Group with Melissa 7:00-9:00PM Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.	21 10:30 – 11:30 “Start Me Up Group”	22 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
25 1:00-3:00 REC GROUP Bowling & Pool @ Palasod/Social Bowl 777 Adelaide St. 	26 RAP – 1:00 –2:30 	27 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> 10:00-4:30 Safe Food Handling Course (must be registered)	28 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK Begins 534 QUEENS AVE.-@ CMHA 6:00-8:00 PM JAM Night with Marc	29 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 