



Shared Decision Making

At the heart of patient-centred care.

During your appointment today, remember to ask:

- What are my options for treatment?
- What are the benefits, risks and harm?
- How do these apply to my own condition?
- Where can I find more information to help me decide?



**Know your options and
make the right choice
for you.**

Learn more.

Contact a Decision Coach today:

519-685-8500 ext. 58207
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Children's Hospital
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Children's
HEALTH FOUNDATION