













PEPP CONNECTIONS - JANUARY 2020

Contact: Josie, Recreation Therapist 519-685-8500 Ext.74746 cell-226-927-8948

****PLEASE READ ATTACHED PROGRAM DESCRIPTION**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CLINIC CLOSED TODAY!	2 10:30 – 11:30 “Start Me Up Group”	3 1:00-3:00 Magic The Gathering Card Game Group 
6 1:00-3:00 REC GROUP GAMES Day at PEPP  1:30-2:30 DROP IN-Floor Hockey @ Parkwood Institute gym meet at Parkwood***	7  RAP 1:00 – 2:30	8 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> 1:00-3:00 PM Women’s Group	9 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 Jam Night with Marc	10 1:00-2:00 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 1:00-3:00 Magic The Gathering Card Game Group 
13 1:00-3:00 REC GROUP MOVIE Day @ PEPP  1:30-2:30 DROP IN-Floor Hockey @ Parkwood Institute gym meet at Parkwood***	14  RAP 1:00 – 2:30	15 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	16 10:30-11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	17 1:00-2:00 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 1:00-3:00 Magic The Gathering Card Game Group 
20 1:00-2:30 REC GROUP Floor Hockey @ Parkwood Institute gym meet at Parkwood*** 	21  RAP 1:00 – 2:30 “January Birthdays”	22 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	23 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 Jam Night with Marc	24 1:00-2:00 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 1:00-3:00 Magic The Gathering Card Game Group 
27 1:00-3:00 REC GROUP Winter Hike and Hot chocolate!  1:30-2:30 DROP IN-Floor Hockey @ Parkwood Institute gym meet at Parkwood***	28  RAP 1:00 – 2:30 2:30-4:00 Interview Skills Workshop	29 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	30 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	31 1:00-2:00 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 1:00-3:00 Magic The Gathering Card Game Group 