

Personal Protective Equipment (PPE)- Donning Review	
Step 1. Clean Your Hands	Check <input type="checkbox"/>
1.1 Use alcohol-based hand rub when hands are not visibly soiled (15-20seconds) OR	<input type="checkbox"/>
1.2 Use soap and water when hands are visibly soiled	<input type="checkbox"/>
Step 2. Put on Gown	
a) Select appropriate size/type and apply with opening to the back	<input type="checkbox"/>
b) Secure neck and waist	<input type="checkbox"/>
Step 3. Put on Mask	
3.1 Fluid resistant mask, or one step mask/shield:	<input type="checkbox"/>
a) Place over nose, mouth and under chin	<input type="checkbox"/>
b) Fit flexible nose piece over nose bridge	<input type="checkbox"/>
c) Secure on head with ties or ear loops	<input type="checkbox"/>
d) Adjust fit	<input type="checkbox"/>
OR	<input type="checkbox"/>
3.2 N95:	<input type="checkbox"/>
a) Remove eye glasses, if applicable, prior to donning N95 Respirator	<input type="checkbox"/>
b) Select respirator according to fit testing	<input type="checkbox"/>
c) Place over nose, mouth and chin	<input type="checkbox"/>
d) Fit flexible nose piece over nose bridge	<input type="checkbox"/>
e) Secure on head with top, followed by bottom elastic	<input type="checkbox"/>
f) Adjust to fit	<input type="checkbox"/>
g) Perform a fit check:	<input type="checkbox"/>
i. Inhale-respirator should collapse	<input type="checkbox"/>
ii. Exhale-check for leakage around face	<input type="checkbox"/>
h) If eye glasses were removed to don respirator, put glasses back on now	<input type="checkbox"/>
Step 4: Put on Eye Protection (unless using one step mask/shield)	
4.1 Position goggles over eyes and secure to the head, adjust to fit comfortably OR	<input type="checkbox"/>
4.2 Position face shield over face and secure, adjust to fit comfortably	<input type="checkbox"/>
Step 5: Put on Gloves	
a) Select correct type and size	<input type="checkbox"/>
b) Extend gloves over cuffs of isolation gown	<input type="checkbox"/>

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Step 1: Remove Gloves	Check ✓
a) Grasp outside edge of glove near wrist	
b) Peel away from hand, turning glove inside-out	
c) Hold in gloved hand	
d) Slide ungloved finger under the remaining glove	
e) Peel off from the inside, folding gloves inside each other and discard	
Step 2: Remove Gown	
a) Unfasten ties and peel gown away from neck and shoulder	
b) Turn outside toward the inside	
c) Fold or roll into a bundle and discard	
Step 3: Clean Your Hands	
3.1 Use alcohol-based hand rub when hands are not visibly soiled OR	
3.2 Use soap and water when hands are visibly soiled	
Step 4: Remove Eye Protection (goggles or face shield)	
a) Grasp ear or head pieces with ungloved hands	
b) Lift away from face	
c) Place in garbage, or clean and disinfect if reusable	
Step 5: Remove Mask	
5.1 Mask or one step mask/shield	
a) Remove ear loops (untie bottom then top if applicable)	
b) Lift away from face while holding the ear loops or ties and discard OR	
5.2 N95 Respirator	
a) Lift the bottom elastic over your head first	
b) Then lift off the top elastic	
c) Lift away from face while holding the elastic and discard	
Step 6: Clean your Hands	
6.1 Use alcohol-based hand rub when hands are not visibly soiled OR	
6.2 Use soap and water when hands are visibly soiled	

Print Name: _____ Date: _____

Instructor's Signature: _____