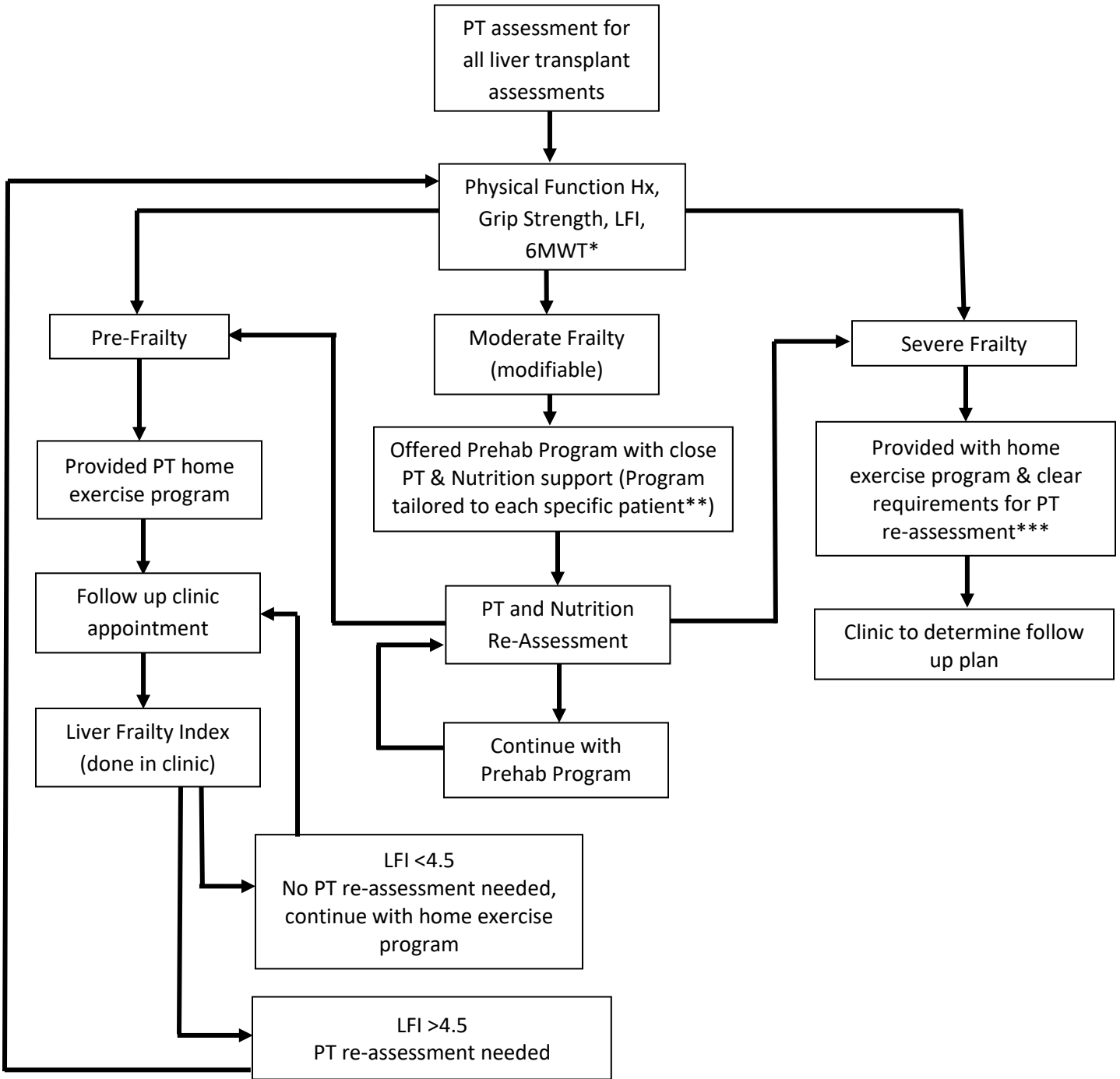


Algorithm for Frailty for Liver Transplant Assessments



**Refer to LFI Parameters on reverse side of sheet*

***In person exercises in MOTS exercise class, OTN/telephone follow ups, PT exercise tracking sheets, finding PT resources in community*

****LFI improving +/- patient specific PT goals (see PT assessment note for details)*



Frailty Parameters					
	LFI	6MWT	Grip Strength	Clinical Judgement	Contraindication to transplant
Pre- Frailty	<4.5	>250m	Women >17kg Men >30kg		No
Moderate Frailty	>4.5	<250m	Women <17kg Men <30kg	yes	Relative
Severe Frailty	>4.5	<250m/unable to complete	Women <17kg Men <30kg	yes	Absolute